## Synaptic Actions of Fibroblast Growth Factor -1 in the Hypothalamus and Dorsal Vagal Complex 📈

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## INTRODUCTION

The dorsal vagal complex (DVC) and arcuate nucleus of the hypothalamus (ARH) are two central sites that are highly involved in metabolism and food intake <sup>[1]</sup>. Two sites in the DVC that are involved in food intake and are glucosesensitive are the nucleus of the solitary tract (NTS) and area postrema <sup>[2,3]</sup>.

The NTS is the primary site receiving information from the gut, via vagal afferent inputs, while the area postrema is a circumventricular organ that senses circulating signals, such as blood glucose <sup>[4,5]</sup>. These sites have reciprocal connections and the NTS projects extensively throughout the brain, including to the ARH <sup>[6]</sup>.

The ARH is home to two highly studied subpopulations of neurons, the **anorexigenic**  $\beta$ -endorphin and alphamelanocyte-stimulating hormone expressing proopiomelanocortin (POMC) neurons and orexigenic neuropeptide Y (NPY) neurons, which co-express agoutirelated peptide (AgRP)<sup>[7-9]</sup>.

Fibroblast growth factor -1 (FGF1) is a mitogen involved in embryonic development and angiogenesis <sup>[10,11]</sup>. Central and peripheral administration of FGF1 improves insulin secretion, corrects hyperglycemia, reduces food intake, and induces pERK1/2 and cFos expression the ARH and median eminence in diabetic rodent models <sup>[12,13]</sup>.

Here we begin to elucidate the synaptic mechanisms of FGF1 actions on ARH-POMC and -NPY neurons.

Given that the DVC directly communicates with the ARH and is the primary site directly connecting the brain to the gut, liver and pancreas, we also explore the effects of FGF1 on neurons in the NTS and area postrema [1,14-17].

## METHODS

Brain Slice Preparation. Coronal slices from POMC-EGFP or NPY-GFP mice were cut to preserve the ARH or DVC. Whole cell recordings were made using an external bath solution containing: (mM) 124 NaCl, 5 KCl, 2.6 NaH<sub>2</sub>PO<sub>4</sub>, 10 HEPES, 2 MgSO<sub>4</sub>, 26 NaHCO<sub>3</sub>, 2 CaCl<sub>2</sub>, 5 Dextrose and bubbled with 95% O<sub>2</sub> / 5% CO<sub>2</sub> at 30-34 °C; pH=7.3, adjusted to 305-315 mOsm using sucrose. The internal current-clamp and EPSC voltage-clamp recording solution contained (mM): 125 K-Gluconate, 2 KCl, 5 HEPES, 10 EGTA, 5 MgATP, 0.25 NaGTP: the voltage-clamp internal recording solution contained: 140 CsCl, 5 MgCl<sub>2</sub>, 1 BAPTA, 10 HEPES, 5 MgATP, 0.25 NaGTP, pH=7.3, 295-305 mOsm. Application of TTX, CNQX and AP-5 was used to record mIPSCs and TTX and bicucculine were used to record mEPSCs. Neurons were recorded from the ARH, NTS, or area postrema. Only neurons not exceeding holding currents of 50 pA at  $V_{H}$ = -60 mV for the 10 min control period (input resistance > 120 M $\Omega$ ) were studied further.

Immunohistochemistry. Cannulas were placed i.c.v. in the third ventricle. Animals were randomized according to body weight and food intake. Mice were dosed i.c.v. (2µl) and sacrificed 90 min post injection. Brains were removed, cryoprotected in 20% sucrose, frozen, and cut at 25 µm. Sections were stained using a polyclonal rabbit anti-c-Fos antibody (1:10,000, SC-52; Santa Cruz Biotechnology), amplified (PK-4000; Vectastain ABC HRP kit), and visualized with nickel-DAB (DAB Kit, SK-4100; Vector Laboratories). Sections were mounted on slides and imaged with an Olympus brightfield slide scanner. c-Fos positive cells were counted by hand using ImageJ software.

Mice. All mice were on a C57BI/6J background. Mice were 8-16 weeks old at time of cell recordings. DIO mice were placed on a 60% HFD for 12-16 weeks before tissue collection.

**Statistics.** For recordings, within cell analysis was determined using Kolmogorov-Smirnov test and between cell analysis using a one-way ANOVA or repeated measures mixed-model design. Error bars indicate SEM; \*p < 0.05, \*\*p < 0.01 denotes a significant change.

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